

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 16:00 untill 16:55. Teamleadmeeting @ 16:15 The listed starttimes are indicative!

Coaches: Van der Elst Astrid

Coaches: Moerman Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 6: 50M BUTTERFLY MEN 11+						Heat:2, starttime: 17:35	
Heat: 2/3 Lane : 6 Athlete: DEBECKER MATHEO						Q-time: 00:29:62	
PB (25m pool): 00:29.62 Temse 17/11/2025						PB (50m pool): 00:29.92SB: 00:29.62 Temse 17/11/2025	
	2 5 M		5 0 M				
PB			00:29.62				
			00:29.62				
							

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN 11+				Heat:3, starttime: 17:40	
Heat: 3/3 Lane : 5 Athlete: DHAESELEER FRAN				Q-time: 00:58:10	
PB (25m pool): 00:57.84 LAGO Zwevegem 05/05/2024				PB (50m pool): 00:58.20 SB: 00:58.16 Kapellen 30/05/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:57.84	
	no time				
					

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 11+							Heat:1, starttime: 18:00		
Heat: 1/1 Lane : 3 Athlete: DEBECKER MATHEO							Q-time: 00:30:49		
PB (25m pool): 00:30.49 Sint-Amandsberg 19/10/2025							PB (50m pool): 00:31.59 SB: 00:30.49 Sint-Amandsberg 19/10/2025		
PB	2 5 M		5 0 M						
			00:30.49						
			00:30.49						
									

Coach feedback:

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Event number: 13: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 18:05
Heat: 3/3 Lane : 3 Athlete: DHAESELEER FRAN					Q-time: 01:06:96
PB (25m pool): 01:06.08 Zwembad De Motte 14/07/2026			PB (50m pool): no time SB: 01:06.08 Zwembad De Motte 14/07/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.08	
	no time				
					

Coach feedback:

Event number: 13: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 18:05
Heat: 3/3 Lane : 4 Athlete: DEBECKER CHARLOTTE					Q-time: 01:04:71
PB (25m pool): 01:04.71 Gent 09/11/2025			PB (50m pool): no time SB: 01:04.71 Gent 09/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.78		01:04.71	
	00:29.78		00:34.93		
					

Coach feedback:

Event number: 20: 50M FREESTYLE MEN 11+					Heat:3, starttime: 18:55
Heat: 3/4 Lane : 6 Athlete: DEBECKER MATHEO					Q-time: 00:26:84
PB (25m pool): 00:26.84 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:27.36 SB: 00:26.84 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M			
PB		00:26.84			
	00:26.84				
					

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 19:05
Heat: 3/3 Lane : 3 Athlete: DHAESELEER FRAN					Q-time: 00:35:04
PB (25m pool): 00:35.04 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:36.55 SB: 00:35.04 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M			
PB		00:35.04			
	00:35.04				
					

Coach feedback:

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Event number: 23: 50M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 19:05			
Heat: 3/3 Lane : 4 Athlete: DEBECKER CHARLOTTE				Q-time: 00:33:00			
PB (25m pool): 00:33.00 Sint-Amandsberg 19/10/2025				PB (50m pool): 00:34.29 SB: 00:33.00 Sint-Amandsberg 19/10/2025			
	2 5 M	5 0 M					
PB		00:33.00					
		00:33.00					

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 19:10		
Heat: 1/2 Lane : 5 Athlete: DEBECKER MATHEO					Q-time: 01:06:77		
PB (25m pool): 01:06.77 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:05.97 SB: 01:06.77 Zwembad De Treffer 06/04/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:31.48		01:06.77			
		00:31.48		00:35.29			

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11+						Heat:2, starttime: 19:40		
Heat: 2/2 Lane : 4 Athlete: DEBECKER CHARLOTTE						Q-time: 02:19:31		
PB (25m pool): 02:19.31 Sint-Amandsberg 19/10/2025						PB (50m pool): 02:23.96 SB: 02:19.31 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.58		01:06.73		01:47.30		02:19.31
		00:31.58		00:35.15		00:40.57		00:32.01

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11+						Heat:2, starttime: 19:40		
Heat: 2/2 Lane : 5 Athlete: DHAESELEER FRAN						Q-time: 02:24:44		
PB (25m pool): 02:24.44 Kapellen 01/06/2025						PB (50m pool): 02:26.53 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.63		no time		no time		02:24.44
		00:31.63						

Coach feedback: